

BLOOMINGDALE BOROUGH BOARD OF HEALTH

REGULAR MEETING MINUTES – April 4, 2022

Call to Order

Ms. Parry Carney called the meeting to order at 7:40 p.m.

Roll Call

Present: Parry Carney, Reynolds, Iglesia, Ellis, Catalano, Fallon

Also present: Tim Zachok, Senior REHS

Introduction and welcome of new member Shelby Meyers by Ms. Parry Carney. There are still 2 vacant alternate positions.

Approval of Minutes

Motion was made to approve minutes of January 3, 2022, by Ms. Fallon. This motion was seconded by Ms. Ellis and unanimously approved.

Acceptance of Reports

After discussion of the presented reports, a motion was made by Ms. Fallon with a second by Ms. Ellis to accept the reports and the Health Department Reports were unanimously approved.

Unfinished Business

Ms. Parry Carney will look into the Stigma Free activities with Dawn Hudson, Council Liaison. She will see if the Stigma Free Task Force was still active.

Regarding the 2 vacant positions, Ms. Ellis will speak to Breanna Calabro, Borough Clerk, for suggestions and appropriate measures to advertise and recruit via Social Media platforms for vacant positions on the Bloomingdale Board of Health.

Ms. Parry Carney raised the question of starting up the Mayor's Wellness Campaign again. This was suspended due to Covid related protocols.

Members discussed the prior activities and ideas of this program:

- Walk With the Mayor activity to encourage exercise and conversation.
- Adding exercise stations/artwork along the Walter T. Bergen walking path

Members discussed additional ways to improve upon this program:

- Mr. Iglesia discussed an idea for a 100 mile walk. Have community members walk just 1 mile a day for 100 days. This can be promoted on social media where community members can post their involvement and accomplishments. Ms. Ellis will notify Bloomingdale Mayor and Council of this idea and make a flyer for the Health Department to review prior to posting. She will post the flyer on the appropriate social media platforms (What's Happening Bloomingdale, Bloomingdale Borough Facebook page). May 1st 2022 for the start date of the 100 Miles in 100 Days walk program.
- Encourage the use of the current exercise equipment that is already in place at Walter T. Bergen. Members raised the issue of the community not knowing how to properly use the equipment. There is no instructions for the individual pieces of equipment. Ms. Parry Carney will inquire with the Health Department liaison, Dawn Hudson, to look into the manufacturer and supplier of the equipment to see if they have instructions.

- Exercise stations along the path will need to be reviewed in terms of the cost and where those funds would come from to create the stations.
- Walk With The Mayor. Mayor needs to be asked about implementing this. Dates need to be discussed.

New Business None

**Public
Discussion**

Motion was made by Ms. Ellis to open the meeting to public discussion. This motion was seconded by Mr. Iglesia and all in favor. There was no public wishing to address the Board, a motion was made by Ms. Fallon to close the meeting to public discussion. The motion was seconded by Ms. Catalano and all voted in favor.

Adjournment

Motion was made by Mr. Iglesia to adjourn the meeting at 8:10 p.m. This motion was seconded by Ms. Ellis and all voted in favor.

Approved:

Respectfully submitted by:
Mary Catalano
Secretary- Board of Health